

HEA Reporter

Volume 14, Issue 10

Hillsborough Educators Association - Retired

April 2020

HEA-R gatherings on hold until further notice.



President's Message

Candy Gale

Hillsborough Educators Association Retired

Welcome to Life in the time of Corona!

None of the normal April news seems relevant right now. Instead I will share some links I found that might like.

***The official word on the virus:

[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

***If you want to get a free ZOOM account to video visit with friends and family, you can go to zoom.us/join. Click on "Sign in It's Free". Email me at cigid@me.com and I will call you and talk you through it.

***As you run short of groceries, this link may help you stay safer:

<https://youtu.be/sjDuwc9KBps>

***If you need to go to the hospital, realize that your friends or family are likely to not be able to visit you or bring you things. Here is a link for a packing list of stuff to take with you:

https://www.adventhealth.com/blog/coronavirus-hospital-packing-list-what-bring?fbclid=IwAR1HDXe3M5sFOglcPTAb22cwGYP2N0XOYJQjqnKOKT55AS_ZILQ0S_5Ma5Q

HAPPY BIRTHDAY!

April Birthday Wishes

Barbara Hess 04/02

Delores McMillan 04/04

Tanya Fernandez 04/05

Billie Jo Lasher 04/08

Gwen Butler 04/09

Arlie Page 04/11

Janet Burt 04/14

Deborah Thompson 04/16

Emma Thomas 04/19

Ben Cooper 04/20

Patricia Savage 04/23

Penny Haun 04/25

JoAnne Reed 04/25

Michele Manieri 04/25

Charles Gomez 04/26

Jeannette Whitman 04/26

Rich Lucas 04/28

Please let me know if I failed to list your birthday. You may reach me at 813-317-7660 or cigid@me.com

News You Can Use

***Nominations are being accepted for 2019 open board positions: President, Membership Chair and Director 1. Please contact Yvonne Lyons 988-8208 or ylyonstt@gmail.com. if you are willing help by serving. Rich is stepping down as membership chair. We need a replacement!!!

****I will try to set up a virtual meeting! I'll send you information if I can get it set up.*

***Sue Harmon harmonbay@verizon.net would like your written suggestions for speakers and places to visit for our next meetings year.

***Reminders: Call ahead before you go to the doctor or hospital. They are doing a lot of patient care on the telephone these days. If you have a life-threatening situation call 911. Tell them if you are having COVID symptoms of fever, cough, or difficulty breathing so they can come prepared.

***Keep a 6-foot distance from other people, wash your hands (I personally wrestle with this one. 20 seconds of lathering seems excessive to me, but that's what they recommend), and don't touch your face (Get real, how do you not touch your face? I'll keep trying.)

***Also be aware of fraud. There is another good web site about fraud-general fraud, Medicare fraud, etc. It is consumer.ftc.gov/blog You can sign up there for email alerts about the latest scams. I find them very informative.

***Last but not least: Gratitude.
<https://vimeo.com/44131171>

We retirees can safely stay home, but what about protections for our working sons and daughters? Visit these websites to learn more and to take action. National and Florida Education American Federation of Teachers at aft.org. AFL-CIO at aflcio.org has a comprehensive list of protections that working people need during this crisis. Our Florida branch at flaflcio.org lists all the affiliated unions, has a legislative summary, and has rather dramatic videos produced for each week of the session! Concerned about medical workers' health? Nurses' union at nnu.org.

Our vice president, Sue Huttig is setting up a telephone touching tree. She needs to identify two kinds of members: 1. People who like to make phone calls and 2. People who would like to receive phone calls. She is going to pair them up and get you talking to each other! Contact her at sabinasue@gmail.com or 416-5044 to let her know if you are a 1 or a 2! Our board members are going to start off by calling everyone in the directory.